

TRIATHLON TRAINING CAMPS

in
Costa Brava & Girona Pyrenees



Training Camps
Costa Brava
Pirineu de Girona



www.trainingcamps.costabrava.org

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Costa Brava

There are few places in the world home to so many scenic treasures, charming villages, and cultural attractions as this corner of the Mediterranean. The 200 km of coastline that stretch from Portbou to Blanes are 200 km of unforgettable sensations, where Nature, Culture and Gastronomy play a crucial role. In the Costa Brava - Girona Pyrenees we have the formula for improving sports performance: training well and recovering better. We have state-of-the-art sports facilities and a natural environment that offers the ideal terrain and climate conditions for training and outdoor sports. For maximum performance, you need an optimum recovery.

Specialized Costa Brava accommodation and service companies provide tailored services to maximize the benefits of training programs. Get ready for your challenges and improve your sports performance at a top destination. Book your triathlon training camp on the Costa Brava!

*Train well,
recover better*

Contact us!

trainingcamps@costabrava.org

www.trainingcamps.costabrava.org

How to get there?





The triathlon training destination!

The perfect combination of facilities, weather and terrain makes us one of the preferred destinations for training triathletes. Swimming in the open sea or in the calm waters of the lake of Banyoles and altitude training in the Cerdanya County are an added value and an undeniable differentiating factor.



“It’s a perfect place to train because of the lake, the swimming pool, great quite roads for riding, and the beautiful trails around the lake

”

Ryan Sissons

Team New Zealand Triathlon.

COSTA BRAVA TRIATHLON CAMPS

THERE ARE
**HIGH-SPEED
RAILWAY STATIONS**



IN GIRONA
AND FIGUERES

GIRONA - MADRID

3 hr 24 min

GIRONA - BARCELONA

38 min

GIRONA - PARIS

5 hr 44 min

**GIRONA
AIRPORT**

1 h



**BARCELONA
AIRPORT**



MEDITERRANEAN DIET
LOCAL, **HEALTHY FOOD**



Go from the **MOUNTAINS** to the
**MEDITERRANEAN
SEA** In a single
training session



**OUTDOOR
SPORTS** **8 NATURAL
PARKS**



**300 DAYS OF
SUN** PER YEAR

THE MILD CLIMATE
IN SPRING, AUTUMN
AND WINTER
IS **IDEAL FOR**
**TRAINING
OUTDOORS**



**16 CONVENTION
CENTRES**



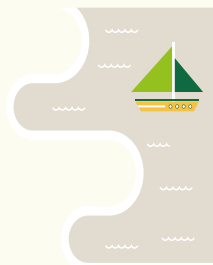
**EXCELLENT VALUE
FOR MONEY**



OVER **300,000**
HOTEL BEDS



**200 KM OF
COASTLINE**
WITH
**FANTASTIC
BEACHES**



FACILITIES FOR

TRAINING WELL,
accommodation and facilities for
RECOVERING
EVEN BETTER





Swim Bike Run cities

Girona

dte@ajgirona.cat
www.girona.cat/dte

The charm of Girona itself and the surrounding countryside, its sports installations and its human size, all help to make it a perfect sports tourism destination. If, besides all this, we consider the excellent range of modern hotels, it is easy to understand why so many professional athletes and teams regularly choose Girona as their training base.

The city has also been approved by the Catalan Tourist Board as a Sports Tourism Destination, in recognition of its wide variety of first-rate resources and services, sports installations, accessible accommodation and specialised services to cater for both professional sportspeople and tourists wanting to do some sport. Girona was awarded this seal of approval because of its present and potential development of cycling and running in particular, but it also includes swimming, athletics, tennis and triathlon.





GEIEG Olympic pool

C. Esport, 16 · 17007 Girona
+34 620 462 855 · +34 972 201 047
comercial@geieg.cat · www.geieg.cat

GEIEG is a Girona organization catering for over twenty different sports disciplines and cultural, social and leisure activities.

Our installations can host pre-season training camps and sessions held by teams from other clubs, associations and organizations, and this has proved to be a highly successful experience for all concerned.

We have 265,000 m² of sports installations split into three sports centres in the city of Girona.

At our Sant Ponç complex, there are 2 covered swimming pools, a 50 m Olympic-size pool and another pool measuring 25 x 12 m, with 6 lanes and a depth of 1.9 m.

Technical specifications

Size	50 x 21 meters
Depth	2.1
Number of lanes	8
Heating	yes
Chlorination system	Salt water chlorination system

Facility's other services

25 m pool · Tennis courts · Paddle tennis courts · Squash courts · Weights room and cardiovascular exercise gym · Aerobics and keep-fit rooms · Restaurant · Sauna



Road cycling lovers will enjoy the large network of secondary roads with unforgettable views and points of interest, due to Girona's strategic location between the Pyrenees and the Costa Brava.

Famous international professional cyclists such as Kasia Niewiadoma, Ashleigh Moolman-Pasio, Alice Barnes, Robert Gesink, Michael Woods, Sam Gaze, all stay in Girona for long periods while training for the Giro d'Italia, the Tour de France and the world championships. On the other hand, cycling teams such as Israel Start Up Nation, Jumbo

Visma, Canyon Sram, among others, all use Girona city as a base camp for their training programmes.

The Gavarres Massif, spanning nearly 350 km², is a magnificent area for mountain bike lovers to explore. Pedalling along tracks, rough trails, and woodland paths... is a unique way to experience the exceptional natural surroundings in the area.





GEiEG Track and Field Stadium

comercial@geieg.cat
+34 620 462 855 · +34 972 201 047
www.geieg.cat

Technical specifications	
Surface type	Dual-layer synthetic
No. of lanes	6 x 400 m - 8 x 110 m
Stadium size	400 m
Separate field for throwing events	No
Lighting	Yes
Track and field event	1 pole vaulting area, 1 high jump area, 2 long jump tracks, 2 triple jump tracks, 1 weight throwing field, 2 javelin fields, 1 discus field, 1 hurdles track

Running paths and softrails

Girona city is an ideal running destination, with a wide range of road and mountain routes of various distances and difficulty levels that invite runners to enjoy the city and its natural surroundings. Routes running through the Gavarres Massif, along the Greenways,

along the CityTrail... all for your delight! Some people who can testify to this are Girona's sportsmen and women Toti and Tina Bes (mountain runners), Pau Busquets and David Roselló (triathletes), and renowned German triathlete Jan Frodeno.

Garrotxa

info@turismegarrotxa.com

<https://ohgarrotxa.com>

La Garrotxa is a region that hosts small-scale sporting events in a unique setting within the Volcanic Zone Natural Park, 35 minutes by car from the cities of Girona and Figueres and 1.5 hours from Barcelona airport. The range of small accommodation accredited with the European Charter for Sustainable Tourism and the area's renowned gastronomy are added value for practicing sports such as football, rugby, road cycling, athletics, running, basketball and swimming.





Olot Track and Field Stadium

Info@turismegarrotxa.com
+34 972 27 16 00
<https://ohgarrotxa.com>

Technical Specifications	
Surface type	Elastic synthetic
Number of lanes	6 lanes (400 m × 7.5 m)
Stadium size	400 m
Separate field for throwing events	No
Lighting	Yes

Track and field facilities
4 group changing rooms and 2 individual changing rooms, 1 equipment storage room, defibrillator. Concierge service responsible for opening the facility and the changing rooms.



Banyoles

turisme@ajbanyoles.org
<https://turisme.banyoles.cat>

Swimming pool lane, surrounded by nature trails for running and amazing roads, of all kind of heights and little traffic, for cycling.

In Banyoles, the triathlon has also found an ideal space for training and organising competitions. In fact, it is probably the most suitable place in Catalonia for practising this discipline.

This is explained by the fact that the triathlon combines three sports which are widely developed in Banyoles: swimming, which has a long tradition and excellent facilities.

Since 1985, Banyoles has hosted the Triathlon of Catalonia with Olympic distance. It has also organised a B-distance Triathlon, a Duathlon, a people's Triathlon and other competitions which prove the quality of the Sports Tourism Destination.





Banyoles Lake is also an ideal training area for swimming. The lake now has a swimming training lane in the lake which goes from Club Natació Banyoles to the lakeside Tourist Office, with a length of 500 metres.

2 pools

Indoor pool 25 x 16m 8 lanes heated

Outdoor pool 25 x 12m 6 lanes heated



For road cycling, the roads are well adapted and have moderate traffic. The gradients vary and you can choose from routes that are more pronounced in the direction of la Garrotxa and the Pyrenees, or the flatter ones in the direction of l'Empordà and the Costa Brava.

Rocacorba is one of the most challenging climbs of the area. An 880-metres elevation and 13.8 kilometres separate you from the peak. You climb 540 metres in six kilometres during the second part of the climb, alternating very steep slopes of between 12 and 15%.



Running can be done around the lake and through woodland of a technical level.



“ *In the surroundings of Banyoles, there are amazing roads with practically no traffic, with a great variety of circuits, with greater and lesser gradients, amazing ports like Rocacorba, unique roads like Mieres and Santa Pau, the chance to get close to the sea*

”

Marcel Zamora

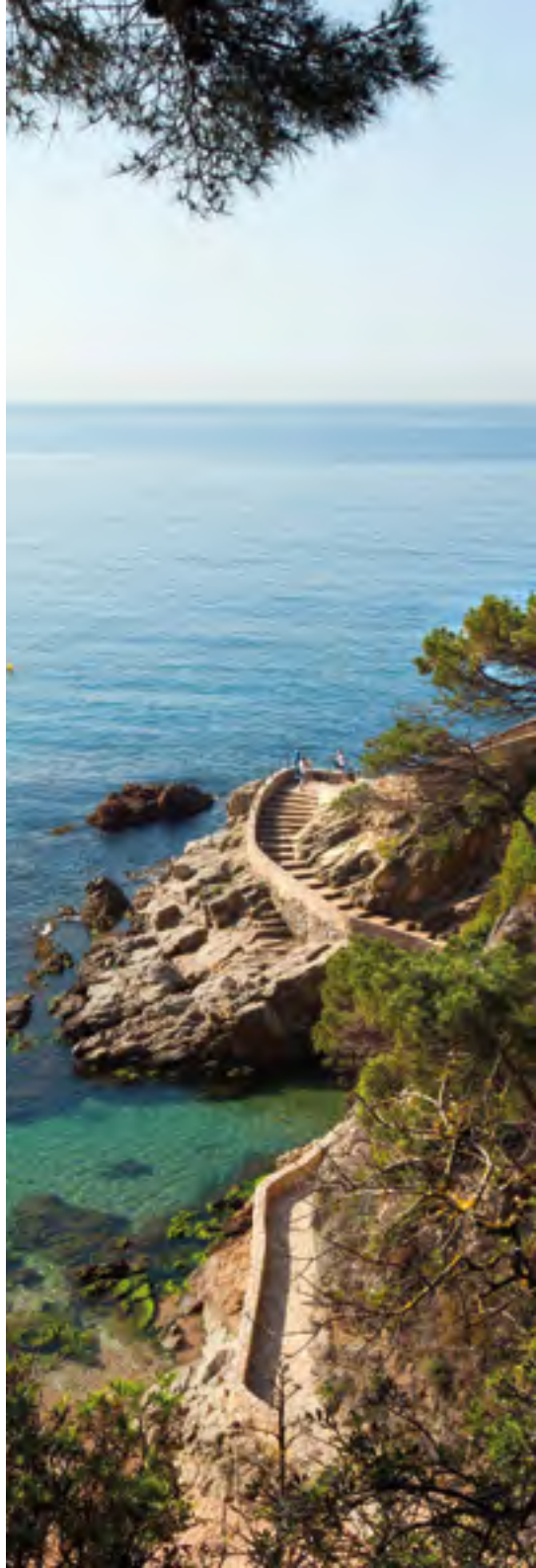
Triathlete. Winner of 6 Embrunman and 5 Ironman Nice

Lloret de Mar

lloret-turisme@lloret.org
www.lloretdemar.org

Lloret de Mar is recognised as a multisport destination as it has a multidisciplinary, high-quality offer which is concentrated in a single sports complex in the centre of the town, surrounded by hotels and shops, just 800 metres from the beach.

Sport is an essential part of Lloret de Mar and the huge variety of sports available include triathlon, swimming, football, basketball, athletics, handball, roller skating hockey and cycling, to name just a few.





Piscina de Lloret

Tel. +34 972 364 384

piscina@lloret.cat • www.piscinalloret.cat

Lloret's Olympic-size Swimming Pool can cater for practically all types of water sports, both competitive and leisure activities. These include:

- Swimming · Water polo · Synchronised swimming · Free-diving · Aqua gym · Children's swimming lessons · Therapeutic swimming · Swimming as part of other disciplines: triathlon, pentathlon, surf lifesaving

The swimming pool is 50 metres long and 25 metres wide, with a 9 m movable basin for adapting the size to different requirements. The bottom of the container can be raised to reduce the depth and one of the sides can be moved to adapt the distance.

Lloret Swimming Pool is part of the sports complex in Lloret de Mar, right in the centre of the town with a wide range of accommodation and leisure activities nearby, and just 800 metres from the beach.



Technical specifications

Size	50 x 21 meters
Depth	1.9
Number of lanes	10
Heating	Yes
Chlorination system	Salt water chlorination system

Facility's other services

The pool forms part of a state-of-the-art sports complex, which is totally accessible for people with reduced mobility, with a first aid room, 7 changing rooms, 4 group changing rooms, a sound system, stands for up to 560 spectators, fitness and weights rooms, 3 guided activities rooms, 1 functional training room and a cycling track.



Lloret Cycling

www.lloretcycling.com

Road cycling routes in a place where cycling is more than just pedalling, recovering and pedalling. A place where you can feel the early morning breeze of the Mediterranean Sea, where you can challenge yourself to complete mountain passes that are as tough

as they are beautiful, and where you can stay in accommodation that caters specially for cyclists. A place that's popular with professional and amateur teams alike. This place is Lloret de Mar.





Lloret Track and Field Stadium

esports@lloret.cat

+34 972 367 512

<http://www.lloret.cat/seccions/esports>

The complex covers an area of approximately 17,600 m² of athletics tracks with a dual-layer synthetic surface, a completely refurbished football pitch (100 x 62 m) with natural turf and other athletics facilities. It holds up to 560 spectators and 300 athletes.

Technical specifications

Surface type	Sintètic bicapa
No. of lanes	6 x 400 m - 8 x 110 m
Stadium size	400 m
Separate field for throwing events	Yes
Lighting	Yes
Track and field event	3 men's changing rooms, 1 women's changing room, 1 accessible changing room, 2 coaches' changing rooms, 1 weights room, 2 toilets, Bar, First aid room, Defibrillator, Floodlighting at night

Running paths and softrails

A well structured and well signposted network of running trails throughout the area. The trails display two types of signs so that they can be followed with ease: the official markings of the FEEC (Catalan Hiking Federation), which facilitate orientation along the trails, and an additional set of signs in the form of banner stands and information panels that provide information on the heritage elements that can be found along the running routes.

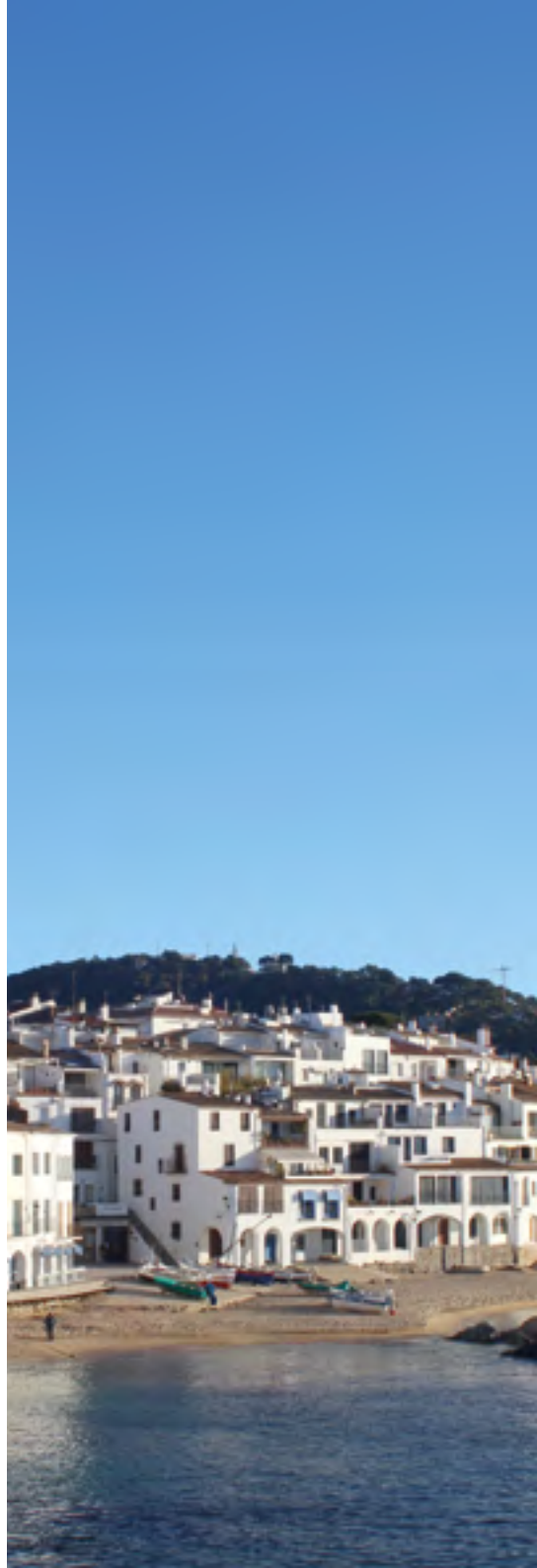
maps.lloretdemar.org/hiking

Palafrugell

piscina@palafrugell.net
<https://esports.palafrugell.cat>

Palafrugell is strategically located just 100 km from Barcelona and 40 km from Girona-Costa Brava Airport, making it easily accessible and an ideal destination for sports tourism. Its privileged location in the center of the Costa Brava allows visitors to enjoy both the coast and the mountain massifs of Begur and Les Gavarres.

The town boasts excellent municipal sports facilities including the Municipal Stadium with athletics tracks for various disciplines, the Sports Pavilion measuring 45 x 27 meters transformable into three courts, and the Municipal Pool of 25 x 16.6 meters with 8-10 lanes and controlled water temperature at 28°C. These modern and well-equipped facilities offer ideal spaces for training and high-level competitions.





Palafrugell Swimming Pool

Carrer Ample, 107, 17200 Palafrugell

Tel. +34 972 30 35 37

piscina@palafrugell.net · esportspalafrugell.cat

It has stands with a capacity for about 100 people, a vending machine area with drinks, tables and chairs, and a magnificent terrace with beautiful views of the surroundings of Palafrugell.



Technical specifications

Size	25 m x 16.6 m
Depth	1.80 m – 2.20 m – 1.80 m
Number of lanes	8, 9 or 10
Heating	No (28°C +/- 1°C)
Chlorination system	Salted water chlorination

Facility's other services

- Fitness room
- Musculation room
- Sauna
- Spining room
- Steam bath
- Hydromassage
- Showers
- Vending machines



Palafrugell Track and Field Stadium

Carrer Ample, 107, 17200 Palafrugell

Tel. +34 972 30 35 37

piscina@palafrugell.net · esportspalafrugell.cat



Technical specifications

Surface type	Sintètic bicapa
No. of lanes	6 x 400 m – 8 x 110m
Stadium size	400 m
Separate field for throwing events	Yes
Lighting	Yes
Athletic Disciplines	1 pole vault – 1 high jump – 2 long jumps – 2 triple jumps – 1 shot put – 2 javelin throws – 1 discus throw – 1 hurdles race

Facility's other services

- Fitness room
- Weight training room
- 25 m swimming pool

Roses

turisme@roses.cat
<https://visitroses.cat>

Roses is a leading sports destination on the Costa Brava, ideal for training and enjoying physical activity all year round. Its privileged natural surroundings allow for a wide range of disciplines, such as cycling, running or trail running. It also has an excellent semi-Olympic swimming pool and a 1.8 km open water swimming lane, perfect for triathlon and training camps.

The mild climate and well-adapted infrastructure make Roses an outstanding setting for athletes of all levels.



Ride Roses

Roses is an excellent destination for cycling training camps all year round thanks to its mild Mediterranean climate and more than 300 days of sunshine. The surrounding areas, including Cap de Creus and Aiguamolls de l'Empordà natural parks, offer a wide variety of scenic routes, from flat roads for endurance training to challenging climbs, mostly on quiet roads with little traffic. In addition, the town promotes cycling through the Ride Roses label, which brings together hotels, bike rental companies and repair shops that provide specialized services for cycling tourists, amateur clubs and professional cyclists.





Roses Swimming Pool

Mas Oliva, 39, 17480 Roses
Tel. +34 972 459 760
piscina@piscinaroses.cat
www.piscinaroses.cat

The Roses Municipal Swimming Pool (PMR) holds the 3-star Quality Seal of the Catalan Sports System, recognizing the excellence of its modern, comfortable, and bright facilities. It features a 25-meter pool with high-quality water treated with UV radiation to reduce chloramines, providing a pleasant swimming experience. The pool is an ideal complement for triathlon training in Roses, a destination that offers excellent running and cycling routes and a favorable climate year-round, and it is conveniently located near the town center, the seafront promenade, and the beach, with ample parking available.

Technical Specifications

Size	25x16.6 metres
Depth	between 1.85 and 2.25 m
Number of lanes	8
Heating	Yes (27–27.5°C)
Water treatment	Chlorine disinfection and UV radiation

Facility's other services

- SPA and sauna
- Fitness room
- Spining room
- Gym box
- Bar
- Changing rooms for groups
- Lockers



Open Water Swimming

Sea Swimming Lanes Network

A pioneer initiative
in the world

A public network of marine itineraries on the Costa Brava designed for sports, leisure and teaching activities. The itineraries run parallel to the coastal paths along the Costa Brava. Signs and buoys provide a safe way of enjoying and exploring the shoreline from the sea from May to October.







Inland
Open Water

Open Water Banyoles

Passeig Antoni Gaudi, 3, 17820 Banyoles
Tel. +34 972 570 859
info@cnbanyoles.cat · <https://cnbanyoles.cat>

Conditions:

- Swimming in the lake may be practiced regularly throughout the year.
- Monday to Sunday from 7:00 a.m. to 9:00 p.m., and on Sundays from 9:00 a.m. to 1:00 p.m. (except in July and August, when it will be open until 9:00 p.m.).
- Any rowing, canoeing, or triathlon competition will make swimming in the lake impossible without exception.

Technical specifications

Size	1 km
Swimming seasons	March to October
Type of water	Lake

Facility's other services

- Bar Restaurant
- Fitness room
- Weight room





Sea Open
Water

Lloret de Mar

Route Lloret - Fenals

Technical specifications	
Size	1,3 km
Swimming seasons	March to October
Maximum Width	200 m beach - 50 m rocks
Duration	20-33 min
Water temperature	14-25 °C
Water salinity	36-38 g/l
Seabed terrain	Rocks – sand – posidonia
Prevailing winds	From the southeast
Users	Swimmers and snorkelers
Difficulty	Medium

Fenals - Santa Cristina

Technical specifications	
Size	1,2 km
Swimming seasons	March to October
Maximum Width	200 m
Duration	18-30 min
Water temperature	14-25 °C
Water salinity	36-38 g/l
Seabed terrain	Rocks – sand – posidonia
Prevailing winds	From the southeast
Users	Swimmers and snorkelers
Aquatic Environment	Sea
Difficulty	Medium

17310 Lloret de Mar, Girona
 Tel. + 34 972 365 788
central-turisme@lloret.cat - lloretdemar.org



Palafrugell

Route Calella - Llafranc

Technical specifications	
Length	1 km
Route	From Canadell to Llafranc Beach
Town	Calella de Palafrugell and Llafranc
Swimming seasons	June to October
Duration	15 to 25 minutes
Difficulty	Low

Route Tamariu - Aigua Xelida

Technical specifications	
Length	1,2 km
Route	From the cove of Aigua Dolça to the cove of Aigua Xelida
Town	Tamariu
Swimming seasons	June to October
Duration	18 to 30 minutes
Difficulty	Medium

Av. Generalitat, 22 · 17200 Palafrugell
Tel. +34 972 30 02 28
ajuntament@palafrugell.cat · turisme@palafrugell.cat



Roses

Route Els Palangrers beach - Canyelles Petites beach

Technical specifications	
Length	1,8 km
Maximum Width	200 m beach – 50 m rocks
Swimming seasons	May to September
Duration	27 to 45 minutes
Water Temperature	14-25°C
Water salinity	36-38 g/l
Seabed terrain	Rocks - sand - posidonia
Prevailing winds	North winds
Users	Swimmers and snorkelers
Aquatic environment	Sea
Difficulty	Medium

Av. de Rhode, 77-79
+34 972 257 331
turisme@roses.cat
www.visitroses.cat



Costa Brava & Girona Pyrenees cycling backroads

In addition to being a sporting activity, cycling is a statement of personal well-being and quality of life and represents an indicator of excellence in the region. Therefore, Girona can be considered, in its own right, a paradise for road cyclists. Its extensive catalogue of secondary roads and mythical mountain passes enables you to travel the region from one end to another, with great long sections, winding stretches and a continuous up-and-down, surrounded

by exuberant plant life that shelters the asphalt and that gives the environment a permanent picturesque air. As your legs cover the kilometres, so the pace of sensations increases: that of the fusion between the sea and the mountains, the intense solitude that a cyclist experiences when suffering, and the shared glory with the group when reaching



Service Companies

Vertidissim

**Organization of outdoor
experiences and adventures**

Pujada Creu de Palau, 6, 17003

Girona

+34 611 68 31 66

info@vertidissim.com

www.vertidissim.com

Canals Transport de Viatgers **Passenger Transport**

Av. Vila de Blanes, 60-62, 1-2

17310 Lloret de Mar

+34 972 366 575

canals@canalsbus.com

www.canalsbus.com

Gran Fondo Community **360° space for cycling and health enthusiasts**

Costa Brava Boulevard, Planta 1. Local 6, 17200

Palafrugell

34 972 30 58 55

info@granfondocommunity.com

www.granfondocommunity.com



Incoming travel agencies

They can organize transfers to the airport, recommend the best coffee stops, choose the best routes for your training schedules. The professionals at our incoming travel

agencies harness their local knowledge to manage each of the aspects that will help you reach the maximum benefit from your training camp.

Agenda Sports

Pg Generalitat 21· 17820 Banyoles
Tel. +34 972 580 639

info@agendasports.com
www.agendasports.com

Agenda is a leading incoming sports agency in Spain, hosting swimming visitors all year round from all over the world.

Our sporting references include the Cambridge University Boat Club, the New Zealand Triathlon National Team, the Russian Kayak/Canoe Federation, the Australian Swimming team, CSKA Moscow, Water Polo,

the GB Adaptive Rowing Paralympic Team or the Kazakhstan National Football Team, amongst many others.

Agenda works with a reliable network of providers, and deals either directly with the teams or in close collaboration with top European tour operators.

Sport Contact

Av. Les Alegries, 14 · 17310 Lloret de Mar
Tel. +34 972 363 111

info@sportcontact.org
www.sportcontact.org

Specialists in Sports Travel Experiences Since 1987. As a Full-service Travel Agency, Sportcontact has been providing comprehensive sports travel experiences to sport clubs & teams, school & college groups, sports and travel operators from around the world.

We pride ourselves on delivering a fantastic range of sport tour programs at the very best value ensuring the needs and requirements of the athletes of all levels are fully met. You can take part in activities such as international tournaments, trainings camps & stages, friendly matches with local teams & tailor made sports trips.

Evenia Travel Services

C. Senyora de Rossell, 33 · 17310 Lloret de Mar
Tel. +34 972 364 781

info@evenia.travel
www.evenia.travel

Evenia Travel Services si an incoming Tour Operator with over 40 years of experience in the sports sector. We offer a whole range of services for both individuals and groups. As pioneers in sports tourism in the area we cover all sports in all Spain, Andorra and south of France, arranging hotel accommodation, transfers, training camps, stages and sports facilities (gyms, football pitches, swimming pools, tennis, basketball and handball courts, athletics tracks...).

Besides working with all of the Hotels in Spain we have also our own Hotel Chain: Evenia Hotels.

We create a relaxed, friendly atmosphere for sporting activities in which athletes from all over the world can interact with each other and improve their skills. We also organise training camps, courses and anything else that athletes ask us for. We offer numerous bespoke package options for all types of athletes to suit their level and budget.





Accommodation

Specialized lodging for sports tourism, which will promote your recovery to ensure you can safely pick up your training the next day. All our facilities are prepared to accommodate groups and to attend and adapt to the special needs of athletes.

Icons key



Physio Room



Late Check Out



Meeting Room



Spa and Sauna



Equipment Storage Space



Swimming Pool



Laundry Service



Gym



Specially Adapted Cuisine



Safe bicycle storage

Costa Encantada Suits & Resort 4*



Camí de Santa Cristina a les Alegries s/n
17310 · Lloret de Mar
+34 972 368 310
costaencantada@marsolhotels.com
www.marsolhotels.com

Guitart Hotels 4*



Constantí Ribalaigua, 7
17310 · Lloret de Mar
+34 972 347 000
rgcp@guitarthotels.com
www.guitarthotels.com

Hotel Samba 3*



C. Francesc Cambó, 10
17310 · Lloret de Mar
+34 972 365 650
samba@sambahotels.com
www.sambahotels.com

Hotel Surfmar 4*



C. Ramon Casas, 9
17310 · Lloret de Mar
+34 972 365 362
surfmar@sambahotels.com
www.sambahotels.com

Hotel Azure 4*



C. Dels esports s/n
17310 · Lloret de Mar
+34 972 36 46 58
reservations@lazure-hotel.com
www.lazure-hotel.com

Camping Lloret Blau



C. Aiguaviva s/n
17310 · Lloret de Mar
+34 972 365 483
info@campinglloretblau.com
www.campinglloretblau.com

Hotel Carlemany 4*



Plaça Miquel Santaló, s/n
17001 · Girona
carlemany@carlemany.es
+34 972 214 994
www.hotelcarlemanygirona.com

Hotel Ciutat de Girona 4*



C. Nord, 2
17001 · Girona
info@hotelciutatdegirona.com
+34 972 483 038
www.hotelciutatdegirona.com

Hotel Palau de Bellavista Girona by URH 4*



Pjda. Polvorins, 1
17004 · Girona
+34 872 080 679
info.pbellavista@urh-hoteliers.com
www.urhbellavistagironahotel.com

Associació de Càmpings



C/Bonastruc de Porta, 15
17001 · Girona
+34 972 215 534
info@campingsingirona.com
<https://campingsingirona.com/ca>

Rocacorba Cycling



Can Campolier
17834 · Porqueres
674 75 61 327
info@rocacorbacycling.cc
<https://www.rocacorbacycling.cc>

Càmping el Llac



Carretera de circumval·lació a l'Estany s/n
17820 · Banyoles
+34 972 570 305
info@campingllac.com
www.campingllac.com

Hotel Vall de Bas 4*



Veïnat Can Trona
17176 · Joanetes
hotelvalldebas@grupmorera.com
+34 972 69 01 01
www.hotelvalldebas.cat

Torremirona Hotel Golf & Spa 4*



Av Josep M. de Ventós, 2 Baixos
17744 · Navata
info@hoteltorremirona.com
+34 972 566 700
www.hoteltorremirona.com

Hotel Zel Costa Brava 4*



Urbanització Pola-Giverola, 81
17320 · Tossa de Mar
+34 972 340 000
zelcostabrava@melia.com
**https://www.melia.com/en/hotels/
spain/costa-brava/zel-costa-brava**

Càmping & Bungalow resort La Ballena Alegre



Sant Martí d'Empúries, s/n
17470 · Sant Pere Pescador
info@ballena-alegre.com
+34 972 520 302
www.ballena-alegre.com

Aparthotel Arrels Empordà 4*



Carrer de Torroella, 3
17200 · Palafrugell
+34 972 981 920
arrels@arrelsemporda.com
www.arrelsemporda.com

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17480 · Roses
+34 972 252100
prestigewelcom@prestigehotels.com
www.prestigehotels.com

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Carrer Pablo Picasso, 1, 19,
17220 · Sant Feliu de Guíxols
+34 972 326 932
info@barcarola.com
www.hotelbarcarola.es

Hotel Cap Roig 4*



Av. Andorra, 18
17252 · Calonge
+34 972 652 000
info@bravahoteles.com
www.bravahoteles.com

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Av. del Cavall Bernat, 201
17250 · Platja d'Aro
34 972 82 81 80
info@ciutatdepalol.com
www.ciutatdepalol.com

Hotel Eden Roc 4*



Punta Port Salvi, s/n
17220 · Sant Feliu de Guíxols
+34 972 320 100
info@bravahoteles.com
www.bravahoteles.com

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Carretera N-II km 701.
17455 · Caldes de Malavella
reservations@camiral.com
+34 972 181 020
www.hotelcamiral.com

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Avinguda de la Pau, 44
17250 · Platja d'Aro
972 81 71 77
recepcion@planamar.com
https://planamar.com

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Ctra. de Torroella a Palafrugell s/n
17257 · Gualta
+34 972 782 030
hotel@hotelterraverda.com
www.hotelterraverda.com

Hotel Bell Repòs



Nostra Sra del Carme, 18
17250 · Platja d'Aro
+34 972 817 100
info@hotelbellrepos.com
<https://hotelbellrepos.com>

Hotel Sallés Aeroport Girona 4*



N-156, Km. 0,6,
17457 · Riudellots de la Selva
+34 972 653 630
hotelag@salleshotels.com
www.salleshotels.com

Hotel Eden Park by Brava Hotels 4*



Sortida 8, AP-7
17457 · Riudellots de la Selva
+34 972 456 046
edenpark@bravahoteles.com
www.edenpark.es

About us

Costa Brava Girona Tourist Board is a public entity whose mission is to promote tourism in the territory. The Board structures promotions, marketing and sales support in a segmented manner through the Product Clubs. The Board developed and manages the Sports Tourism Marketing Club.

The clubs are voluntary groups of business owners and public entities interested in managing, promoting and marketing similar tourist products; therefore, they have common interests, needs and concerns.

The main philosophy of the Product Clubs created by the Costa Brava Girona Tourist Board is based on cooperation and collaboration between its public and private members under a common brand with the aim, on the one hand, of increasing the quality and competitiveness of the product and the tourist destination, and, on the other, improving sales.

Where are we?

G!rona Patronat de Turisme
Costa Brava Girona

Av. Sant Francesc, 29 - 3rd floor
17001 - GIRONA
+34 972 208 401 · F. +34 972 221 570
trainingcamps@costabrava.org



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